

TEK'MEDICAL EMERGENCY ACTION PLAN

TEAM ELITE KICKBOXING LIMITED T/A TEK KICKBOXING IS A COMPANY LIMITED BY SHARES, REGISTERED IN ENGLAND & WALES UNDER NUMBER 13693213; ITS REGISTERED ADDRESS IS 71 STATION ROAD, BEESTON, NOTTINGHAM, UNITED KINGDOM, NG9 2AW; ITS TRADING ADDRESS IS 71 STATION ROAD, BEESTON, NOTTINGHAM, UNITED KINGDOM NG9 2AW ITS VAT NUMBER IS 402159925; ITS EMAIL ADDRESS IS INFO@TEAMELITEKICKBOXING.ORG AND TELEPHONE NUMBER IS +44 (0) 7766836153.

FIRST AIDER INFORMATION

TEK HAVE 2 LEAD FIRST AIDERS, WITH ALL COACHES HAVING EMERGENCY FIRST AID QUALIFICATIONS.

FIRST AIDERS:

KAREN BAILEY | 07861420392

ANNA JERMAKOVA | 07766836153

FIRST AID EQUIPMENT

TEK HAVE FIRST AID KITS & EQUIPMENT IN THE FOLLOWING LOCATIONS:

INSIDE THE TRAINING AREA, NEXT TO THE PAD SHELVES

BEHIND RECEPTION

THE NEAREST DEFIBRILLATORS (EAD) IS LOCATED AT:

JOHN CLIFFORD PRIMARY SCHOOL (AVAILABLE 247)
TESCO STORES LTD (AVAILABLE DURING OPENING HOURS)

OTHER INFORMATION

NEAREST HOSPITAL (WITH EMERGENCY DEPARTMENT):

QUEEN'S MEDICAL CENTRE (QMC)
DERBY RD, LENTON, NOTTINGHAM NG7 2UH

CONTACT NUMBER: 0115 924 9924

DIRECTIONS TO HOSPITAL: TURN LEFT FROM THE ACADEMY ONTO MIDDLE STREET, FOLLOW THE ROAD TO THE TRAFFIC LIGHTS, TURN RIGHT TOWARDS NOTTINGHAM UNIVERSITY, WHEN AT THE ROUNDABOUT NEAR NOTTS. UNIVERSITY, TURN LEFT, WHEN AT THE NEXT ROUNDABOUT TURN RIGHT, AT THE LAST ROUNDABOUT GO STRAIGHT OVER TO THE QMC.

JOURNEY TIME: 10 MINS

NEAREST WALK-IN CENTRE:
NHS URGENT TREATMENT CENTRE
SEATON HOUSE, CITY LINK, NOTTINGHAM NG2 4LA